

TRENERE OG TRENINGSTIDER SESONGEN 2020-2021

Aldersgruppe	Lag	Trenere	E-post	TRENINGSTIDER
Damer Senior	Damer A	Gitte Torp Amalie Furdal Jakobsen	gitte4@gmail.com	Man 20.00-22.00 Forum Tirs 20.30-22.00 Forum Tors 20:30-22:00 Forum
	Damer B	Hanne Marte Bekken Malin Tvedt	hannemarte@hotmail.com	Tirs 19.00-20.30 Forum bane 2 Ons 20:30-22:00 Forum Bane 3
	Frustrerte fruier/Damer C	Ine Gustavsen Camilla Tveitnes	inekristinegustavsen@gmail.com ctveitnes@hotmail.com	Ons 20:30-22:00
Herrer Senior		Dag Øyvind Skogstrand	dag-oevwind@skogstrand.priv.no	Tirs 20.30-22.00 Forum Tors 20.30-22.00 Forum
TH Senior		Ingebjørg Amble	ingebtan@frisurf.no	Mand 17:00-18:00 A.hallen
Jenter 2004/2005		Anders Grahl Madsen Merethe Ellingsen Rebekka Hjort	algm87@gmail.com merethenilsen@hotmail.com rebekka28@hotmail.com	Man 17:00-18:00 Forum Tors 21:00-22:00 Fred 19:30-21:00
Jenter 2006		Inger Helen Eichner Carina Skogen Mariell Eichner	ingereichner@gmail.com carina.skogen@yahoo.com marielleichner@gmail.com	Mand 18:30-20:00 Forum Bane 3 Ons 19-20:30 Forum Bane 3 Fred 18:30-19:30 Forum Bane 2
Gutter 2006/2007		Robert Helle Christer Hantveit	robertnufc@gmail.com haakon.forstmann@hotmail.com	Tirsd 20:00-22:00 A.hallen Torsd 19:30-21:00 Forum Fred 19:00-21:00 Forum
Jenter 2007		Hilde Daae Johannessen Erlend Lundemo Therese Bjelland Lie Roger Storheim Roger Færøy	hildeahk@gmail.com erlendlundemo@gmail.com theresebjelland@hotmail.com rogestor@online.no	Man 20.00-21.00 Kleppstø barneskole Tirs 18.00-19.00 Forum Tors 18.00-19.30 Forum Fre 17.00-18.30 Forum
Gutter 2008/2009		Sanna Aasebø May Helen Haugen Torstein Aabrekk-Sørensen	aaseboes@gmail.com mayhelenmail@gmail.com torstein78@hotmail.com	Onsd 18:30-20:00 Hop Torsd19:30-20:30 Forum
Jenter 2008	Sør	Gry Soltvedt (Karianne, Marius, Jane,)	grveks@icloud.com	Mand 16-17:30 A.Hallen Fred 16-17:30 A. Hallen
	Follese/Strushamn	Stine Steffensen Benedicte/ Elin Lea Hermine Laksy Maria Skeggs Skjønhaug	stisteff@hotmail.com	Tirs 19-20:30 Forum Bane 3 Tors 19:30 -20:30 Forum Bane 2
	Nord	Ann-Kristin Olafsen Morten Meinhardt Erikstad Lill Therese Willard	ann-k-ol@online.no merikstad@outlook.com lillwill84@hotmail.com	Mand Tveit skole 19-20 Onsd 19-20:30 Forum Bane 1 Torsd Tveit skole (18-19)
	Ask	Aaste Eggebø Næss Rebekka Stenfeldt	aastenness@gmail.com	Mand 17-18 Hop Fred 18-19 Hop
Jenter 2009	Nord	Cecilie Willard Andreas Wisnes Fristad Henrik Orth Bjarne Nilsen Roar Angeltveit	ceciliewillard@yahoo.no awfristad@hotmail.no heo@wilsonship.no roarangeltveit@hotmail.com	Mand 19-20 Forum Ons 19-20 Forum
	Sør	Mette Møller Ruben Nordnes Remy Furevik Erlend Lundemo Aurora Møller	follese@hotmail.com ruben@ght.no remy.furevik@gmail.com erlendlundemo@gmail.com auroramoller@live.no	Tirsd 17:30-18:30 A.hallen Torsd 17-18 Forum
	Ask	Ronny Nyhammer Olsen	rnolsen@hotmail.com	Mand 18-19 Hop Fred 17-18 halv bane Hop
Jenter 2010	Sør	Kari Christensen Jan Erik Johannessen	karibeatec@gmail.com johannessenjanerik@gmail.com	Tirs 19 - 21 Kleppstø Barneskole Torsd 18-19 Forum Bane 3
	Nord	Ann Kristin Skråmestø Pedersen Ingrid Helen Marcussen Ronny Skråmestø Rene Madsen Eide	askromestoe@hotmail.com ingrid@basicfitness.no	Mand 18-19 Forum Torsd 17-19 Forum
Gutter 2010		Marita Steffensen Urne Preben Urne	marita.steffensen@hotmail.com preben.urne@gmail.com	Tirsd 18:30-20:00 A.hallen Torsd 18-20 Kleppe Barneskole
Jenter 2011		Solveig Margrethe Dale	solveig.margrethe.dale@gmail.com	Tirsd 17-18 Forum Bane 2

		Hilde Daae Johannessen Rita Evanger Lars Kallevåg	hildeahk@gmail.com riathe@hotmail.com larskallevaag@hotmail.com	Torsd 17-18 Forum Bane 1
	Ask	Sandra Helland Andreassen Daniel Lie Helland-Andreassen Caroline Strømsnes	sandrapedersen89@hotmail.com caroline_stromsnes@hotmail.com	Onsd 17-18:30 Hop Fredag 17-18 Hop halv bane
Gutter 2011/2012		Cesilie Larsen Jane Lægreid Nilsen	cesilie1988@gmail.com janelegreid@hotmail.com	Onsd 18-19 Forum Fred 17-18 Tveit Skole
Jenter 2012	Nord	Christine Ullestad Kari Hjelm	christine.ullestad@handball.no kari_hjelm@hotmail.com	Mand 17-19 Tveit skole
	Sør	Janne Kristin Vines	jannekristiin@gmail.com	Mand 17-18 Forum Bane 3
Gutter 2013		Julie Fromreide Elin Strømmen Merethe Johannessen Live Schrøder	eiluj93@hotmail.com elin.strommen@kluge.no merethejobj@gmail.com	Mand 17-18 Forum Bane 3
Jenter 2013	Nord	Elisabeth Alvær Røysen Linn Pedersen Lars Haugland	e.roysen@gmail.com haugland.lars@gmail.com	Onsd 18-19 Tveit skole
	Sør	Trine Bruvik Benedicte Van Zweden Renate Urne Joanatan Randall	trinemoren88@hotmail.com benedictezv@gmail.com renate.urne@gmail.com irandall92@yahoo.com	Tord 18-19 Kleppstø B.skole
	Vest	Nicholas Lekanger Kristine Krokås Andre Falck Malin Lohne	nicholasg.lekanger@gmail.com kristinekrokaas@hotmail.com falckandre@gmail.com malinlohne@live.no	Tord 17-18 Kleppstø b.skole
Gutter 2014		Kari Hjelm Julie Andersen Robert Helle Jan Erik Johannessen	kari_hjelm@hotmail.com	Onsd 17-18 Askøy Forum
Jenter 2014	Nord	Ine Gustavsen Christine Seim Silje Robinson	inekristinegustavsen@gmail.com christine_seim_468@hotmail.com silj Robinson@gmail.com	Tord 17-18 Tveit skole
	Øst	Marianne Yndestad Thomas Jahnsen		Onsd 17-18 Florvåg skole
	Sør	Pia Bergstrøm Line Sortland		Onsd 17-18 A.hallen
	Vest	Marita Steffensen Urne Cecilie Eidissen Preben Urne	marita.steffensen@hotmail.com cecilie1@hotmail.com	Tord 17-18 Kleppe skole