

Treningstider Askøy Forum 18/19

Dag	Sal	16-17	17-18	18-19	19-20	20-21	21-22
Mandag	1						
	2	Ledig	J 2010 (Ann-Kristin)	J 2007 (Erlend/Merethe)	G 2005/J2006		
	3		J 2009 (Tveit/Hanøy)	J 2008 (Tveit)	J2003/2004 19-20.30	J2003/2004 / Damer Senior A	Damer Senior A 20.30-22
Tirsdag	1	Ledig	G2003/2004	J 2007 (Hilde) 18-19.30	J2007/Damer Senior B 19.30-20.30	Damer B/Herrer Senior	Herrer Senior 20.30-22
	2			G 2009	J 2008 (Stine) 19-20.30	J 2008/ J2002/2003	J2002/2003 20.30-22
	3						
Onsdag	1				G2007/J2008 (Tveit)	Jenter 2004	
	2	Ledig	G2003/2004/2005	G2003/2004 / 2005			
	3				J2006	J2006	Ledig
Torsdag	1	Ledig	J 2007 Erlend/Merethe	J2004 18-19.30	J 2004 / J 2002/2003	J 2002/2003 19.30-21	
	2		G 2011/ G2012/J2009(Hanøy)	J 2005	G 2006	G 2007	
	3		J 2010 (Hilde)	J 2007 (Hilde)	Damer Senior B 19-20.30	Damer Senior B/Damer Senior A	Damer Senior A 20.30-22
Fredag	1	J 2002/Bring	J 2002/Bring 16.30-18.15	J 2005 18.15-20.00	J 2005	Ledig	
	2						
	3						